



the salad bar

choose one main item (protein) & then add your choice of salads:

sandwich plus one salad	£4.50
main plus one salad	£4.60
main plus two salads	£5.50
main plus three salads	£5.90
one portion of salad	£2.20

additional spoonful of salad with your main meal £0.90

sandwiches

roast pork, braeburn apples compote, iceberg lettuce floury roll
coronation tuna, cucumber and tomato pretzel roll
smoked applewood cheddar multi seed torpedo, piccalilli (v)

main items

plum tomato and basil soup, vegetable crisps (v)
smoked chicken and leek quiche, pickled mushroom
tiger prawns and alphonso mango brochettes, szechuan pepper
asparagus and broad bean filo basket (v)

salad selection

iceberg lettuce, fennel, grapefruit and orange (v)
giant cous cous, red peppers, herbs and lemon (v)
secretts farm baby leaves, cherry tomatoes (v)
grated carrot, raisins, pickled baby vegetables (v)
feta cheese, tomato, cucumber, olives, red onion, mint (v)

v - vegetarian

where possible we buy british produce to support our farmers and ensure that all dishes are seasonal. if you have a particular dietary intolerance or requirements, please do let us know.

the RIBAR is open Monday - Thursday 08:00 to 19:00,